



Total Face™
CONSULT THE POSSIBILITIES

Embrace the beauty of a Total Face Approach

Commonly asked questions about anti-wrinkle
treatments, dermal fillers and double chin treatments



Take a holistic approach

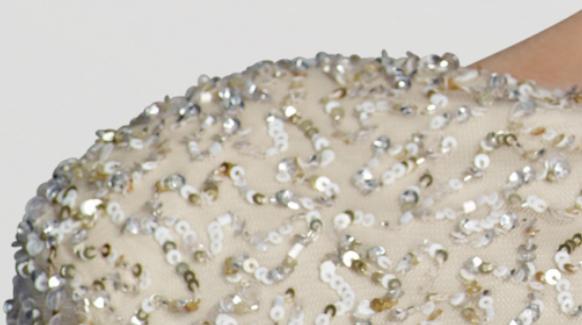
It's easy to focus on an individual facial feature we're not happy with, but a great way to look your best is to view your face as a whole, when considering treatments.

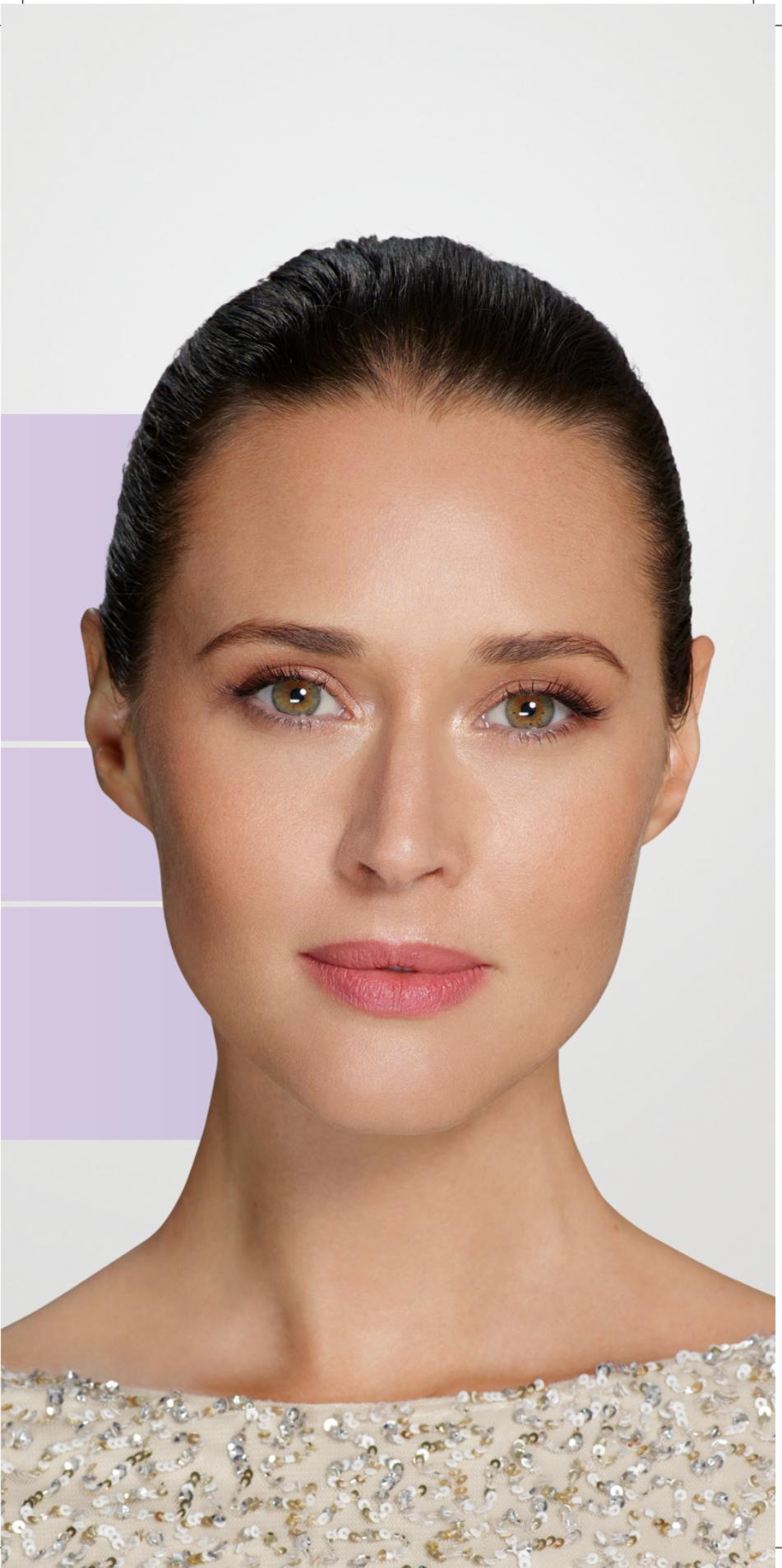
The face can be split into three distinct areas – upper, mid and lower – and they actually age at different rates. The key to retaining a fresh, natural look is to create balance and harmony across all three areas.

UPPER FACE

MIDFACE

LOWER FACE





Getting a natural look

It's possible to achieve subtle, natural-looking results, and still look distinctly 'like you', by employing the full range of options that modern anti-wrinkle treatments, dermal fillers and double chin treatments offer.

To completely appreciate how these treatments work together, it's important to understand the natural ageing process.

During a Total Face consultation, your clinician will explain the ageing process, answer any questions and discuss which treatments can help achieve your goals.



Ageing is more than skin deep

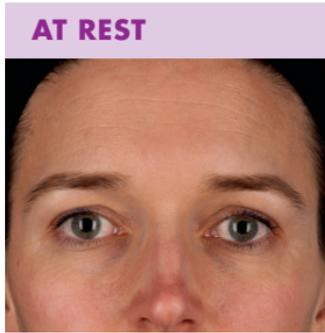
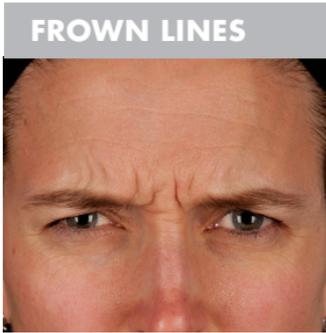
As our face ages, it's easy to focus on visible signs such as wrinkles. However, the signs of ageing are often the result of changes to the deeper layers of the face.



What causes wrinkles?

When we're younger, our skin springs back easily when we make facial expressions. As we age, our skin loses some of its elasticity. This loss of bounce combines with the repeated muscular action required to smile, squint or cry to cause wrinkles and folds to become permanent.

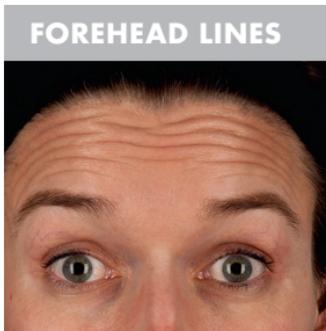
Anti-wrinkle treatments relax wrinkle-causing facial muscles



Glabellar frown lines are vertical lines that appear between your eyebrows when you frown.



Crow's feet are lines that radiate from the corners of your eyes.



Forehead lines are horizontal lines that form when you raise your eyebrows.

Where did the volume go?

Over time, the shape and contour of the face changes. Facial volume is gradually lost and the skin becomes thinner, making the effects of gravity more apparent.



**Dermal filler treatments
fill in wrinkles and also
enhance and replace
facial volume**



What causes a double chin?

Fullness under the chin or a 'double chin' is a common concern for both men and women. It can be caused by:



AGEING

It may naturally develop as you age



GENETICS

Simply said, it may be part of your DNA



WEIGHT CHANGES

It may appear as a result of weight change.

Sometimes, no matter how much you diet or exercise, the fullness in this area may not go away – and it may make you feel like you look older and heavier than you actually are.

Double chin treatments can improve your chin profile





The beauty of combination treatments

UPPER FACE

FOREHEAD LINES
ANTI-WRINKLE TREATMENT
DERMAL FILLERS

GLABELLAR LINES
ANTI-WRINKLE TREATMENT

CROW'S FEET
ANTI-WRINKLE TREATMENT
DERMAL FILLERS

MIDFACE

TEAR TROUGH
DERMAL FILLERS

INFRAORBITAL HOLLOWING
DERMAL FILLERS

MALAR
DERMAL FILLERS

LOWER FACE

ACCORDION LINES
DERMAL FILLERS

PERI-ORAL LINES
DERMAL FILLERS

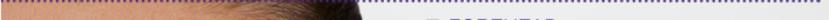
ORAL COMMISSURES
DERMAL FILLERS

PRE-JOWL SULCUS
DERMAL FILLERS

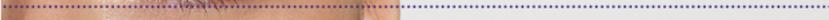
CHIN
DERMAL FILLERS

SUBMENTAL FULLNESS
DOUBLE CHIN TREATMENT

Combining both anti-wrinkle treatments, dermal fillers and double chin treatments can help create a balanced, refreshed effect.



- [FOREHEAD
DERMAL FILLERS
- [BROW
DERMAL FILLERS
- [TEMPLES
DERMAL FILLERS



- [SUB-MALAR
DERMAL FILLERS
- [PRE-AURICULAR
DERMAL FILLERS
- [NASOLABIAL FOLDS
DERMAL FILLERS



- [JAWLINE
DERMAL FILLERS
- [MARIONETTE LINES
DERMAL FILLERS
- [LIP VOLUME AND DEFINITION
DERMAL FILLERS
- [LIP PROJECTION
DERMAL FILLERS
- [MENTAL CREASE
DERMAL FILLERS

Smooth your skin with anti-wrinkle treatments

What are anti-wrinkle treatments?

Anti-wrinkle treatments are used to reduce lines and wrinkles that form in the upper face. They contain a protein that causes the injected facial muscle to relax, smoothing out lines and wrinkles in the area.

How quickly will I see results?

With anti-wrinkle injections, expect to see initial results 1 to 2 days following treatment, with the full effects visible at between 7 and 14 days.

How long will the results last?

The effects of anti-wrinkle treatments usually last up to four months. If you have regular anti-wrinkle treatments, the effects may last longer.

Anti-wrinkle injections relax only the muscles beneath the lines where product has been injected, and the muscles responsible for other aspects of your facial expression stay active. If you have no further treatments, the muscles return to normal and lines gradually go back to how they looked before treatment.

Are there any side effects?

Anti-wrinkle injections are usually well tolerated, however, as with all medications, side effects can occur. Possible side effects include pain, burning or stinging; bruising, swelling or redness at the injection site; local muscle weakness including drooping eyelids or eyebrows; swollen eyelids and skin tightness; tingling sensations, itching or aching forehead; headaches, nausea and flu-like symptoms.

Is there any downtime?

There is very little downtime with anti-wrinkle injections. The average treatment session lasts about 10 minutes and you can return to your day-to-day activities straight away.



Instantly refresh with dermal fillers

What are dermal fillers?

Dermal fillers are injectable gels that restore volume to areas of the face. Many contain a substance that replicates the actions of a naturally occurring sugar molecule, attracting and holding water to assist with skin hydration. The products can be placed below the skin's surface to provide more youthful contours and smoother skin.

How quickly will I see results?

Dermal fillers produce instant results – a typical first procedure takes between 15 and 30 minutes.

How long will the results last?

The effects of dermal fillers can last anywhere between 9 and 24 months, depending on what product has been used.

Are there any side effects?

The type of dermal fillers that contain the synthetic sugar molecule are usually well tolerated, however, as with all medications, side effects can occur. Reported dermal filler side effects include injection site redness, pain, firmness, swelling, lumps and bumps, bruising, itching or discolouration. In the vast majority of cases, these effects are temporary and should resolve within a week.

Is there any downtime?

There is very little downtime with dermal filler injections. The average treatment session lasts between 15 and 30 minutes and you can return to your day-to-day activities straight away.

Some dermal fillers also contain an anaesthetic, which can reduce discomfort during injection.



Define your chin profile

What are double chin treatments?

Double chin treatments are used to treat fullness or fat under the chin. By eliminating fat, they can help improve your chin profile.

How quickly will I see results?

Many people see visible improvement of their chin profile in 2 to 4 treatments. Some people require up to 6 treatments in order to achieve their best results.

How long will the results last?

Once your desired results are achieved, re-treatment is not expected as results are maintained for at least 4 years.

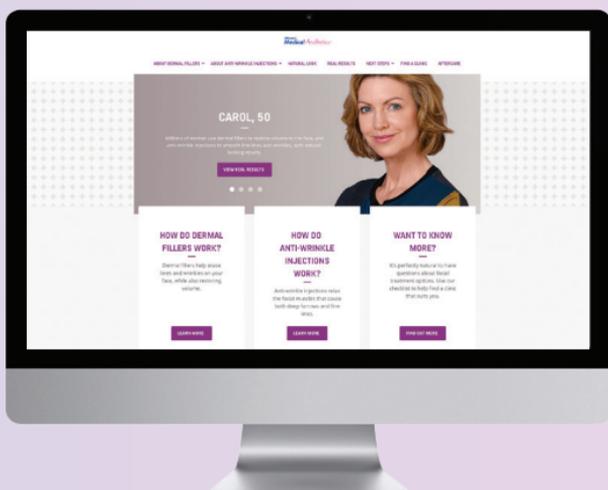
Are there any side effects?

Double chin treatments are usually well tolerated, however, as with all medications, side effects can occur. The most common side effects are swelling, bruising, pain and numbness.

Is there any downtime?

There is very little downtime with double chin treatments. The average treatment session lasts between 15 and 20 minutes and you can return to your day-to-day activities straight away.





**For more information,
visit myfaceyallergan.com.au**

- Frequently asked questions
- Real stories of women who have had treatment
- Clinic locator
- Aftercare tips

┌ Clinician Stamp Area ┐

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